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## Confluence Health Nationally Recognized for Its Commitment to Quality Care for Heart Attacks in North Central Washington

*The American Heart Association presents the Get With The Guidelines<sup>®</sup> - Coronary Artery Disease NSTEMI Gold award for implementation of quality treatment, care coordination for heart attack patients.*

**Wenatchee, WA:** Confluence Health Hospital Central Campus has received the American Heart Association's [Get With The Guidelines<sup>®</sup> – Coronary Artery Disease](#) NSTEMI Gold recognition for its commitment to offering rapid, research-based care to people experiencing a specific type of heart attack known as a non-ST elevation myocardial infarction (NSTEMI).

Each year, more than 1 million cases of acute coronary syndrome (ACS) require hospitalization in the U.S., and about 70% of ACS cases are classified as NSTEMI, caused by a partial blockage in a coronary artery.<sup>1,2</sup>

“In the event of an NSTEMI heart attack, adherence to the American Heart Association’s guidelines is critical. These guidelines include specific recommendations for in-hospital care and cardiac rehabilitation post-discharge,” said Abhinav Goyal, M.D., MHS, FACC, FAHA, volunteer chair of the American Heart Association Coronary Artery Disease System of Care Advisory Group.

The NSTEMI award is earned by hospitals that demonstrate a commitment to treating patients according to the most up-to-date research-based guidelines for NSTEMI care as outlined by the American Heart Association.

“Confluence Health is dedicated to improving the quality of heart attack care and the American Heart Association’s Get With The Guidelines program helps us achieve that goal,” said Dr. Liam Morris, physician medical director for the cath lab at Confluence Health. “The program puts proven knowledge and guidelines to work on a daily basis so patients have the best possible chance of survival.”

Confluence Health Hospital Central Campus also received the American Heart Association’s Target: Type 2 Diabetes™ Honor Roll award. Target: Type 2 Diabetes aims to ensure patients with Type 2 diabetes, who might be at higher risk for complications, receive the most up-to-date, evidence-based care when hospitalized due to heart attack.

### About Confluence Health

Confluence Health serves the largest geographic region of any healthcare system in Washington State, covering over 12,000 square miles of Okanogan, Grant, Douglas, and Chelan counties. Confluence Health is one of only two locally-lead healthcare systems in the state with the purpose of maintaining availability and access to high-quality, cost-effective healthcare services for North Central Washington. The Confluence Health Board of Directors provides governance for Confluence Health and includes nine community board members and six physician board members.

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<sup>1</sup> Akbar H, Foth C, Kahloon RA, Mountfort S. Acute ST-Elevation Myocardial Infarction (STEMI). StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; July 10, 2023. <https://www.ncbi.nlm.nih.gov/books/NBK532281/>.

<sup>2</sup> Basit H, Malik A, Huecker M. Non–ST-Segment Elevation Myocardial Infarction. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; October 6, 2024. <https://www.ncbi.nlm.nih.gov/books/NBK513228/>.

### ***About Get With The Guidelines<sup>®</sup>***

Get With The Guidelines<sup>®</sup> is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 14 million patients since 2001. For more information, visit [heart.org](http://heart.org).

### **For More Information**

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